

# CIRCLE TIME: YEAR 5/6

## Virtue (Summer term): Trust

Virtue to Live By:

*I place my trust in God and others can place their trust in me*

### **PSHCE:**

I am reliable and determined.

I tell the truth.

I try not to worry about things before they happen.

### **Knowledge:**

Key vocabulary and their different meaning: **trusting** and being trustworthy

I can rely on others so that I can get on with what I need to do

I appreciate the gifts other people have

I know I am reliable

I know I can be relied upon to tell the truth

I know that trust takes away my worries

### **Skills:**

Speaking and listening aids communication and builds trust because it creates and sustains relationships and friendships. Listening is important because it helps us understand other people. Knowing when to ask for help.

### **Attitudes:**

I am thoughtful and positive about myself and other people. I am helpful and I allow others to help me.

### **Circle Time Rules:**

We listen to each other.

We do not say or do anything that would hurt another person.

We signal when we want to say something.

We may say pass.

If a game involves touch we may sit and watch before making a decision to join in.

### **Skills - Thinking, Looking, Listening, Speaking, Concentrating**

Throughout Circle Time it is vital that teachers praise children for using the above skills.

### **Step 1. Game / Way in**

Synonyms and Meanings

Pupils are in a circle. Teacher starts by offering the word 'Trusting'. Everybody then claps twice while the next person thinks of a synonym for trusting or a meaning for trusting. This continues around the circle until they can't think of an equivalent word or a meaning. Now do the same for the word 'Trustworthy'. It is probably a good idea to let pupils have some

time to practise this in trios or smaller groups. (If pupils find this too difficult, the teacher can prepare cards with synonyms and meanings on for pupils to choose from a say why they have chosen it.)

### **Step 2. Round**

Discuss with the children the times when they have felt alone if they are in trouble or in a difficult situation. Sometimes it is difficult to trust somebody and confide in them.

Retell *The Parable of the Two Sons* Matthew 28: 28-31

*"What do you think? There was a man who had two sons. He went to the first and said, 'Son, go and work today in the vineyard.' 'I will not,' he answered, but later he changed his mind and went. 'Then the father went to the other son and said the same thing. He answered, 'I will, sir,' but he did not go. 'Which of the two did what his father wanted?'" ("The first," they answered.)*

Teacher asks the pupils what this parable can teach us about being trustworthy?

### **Trigger statement:**

I think it is important to be trustworthy because ....

### **Step 3. Open Forum**

Invite children to lie down or sit in a comfortable position. Use the following steps to prepare children for a time of reflection. Play quiet music (optional).

"Make sure you are comfortable and not touching anyone."

"Close your eyes."

"Take a breath in and breathe out slowly"

When children are settled complete the following reflection:

*Place a cloth in the middle of the circle and place a large and interesting shaped rock on it. Ask children to look at it and think about what it's like, the qualities it has. Now ask the children to close their eyes and to think about how they are like the rock – what rock like qualities (virtues) they have.*

*"Think about how your rock like qualities can help our puppet or imaginary child who is frightened of coming to school."*

"Thank you, when you are ready open your eyes and sit up slowly"

"How did it make you feel to reflect in this way?"

Children respond.

### **Step 4: Celebration**

Draw, paint or collage a rock shape. This could be individually or as a class. Display the artwork (along with any comments the children made about their rock like qualities and understanding of trust). Model the language of trust over the week. Tell the children that we are thinking about what it's like to trust and how we can be trustworthy and reliable.

Resources:

Rock

Cut out paper boats

Round

'Musical Boats'

Place large paper cut out boats on the floor. Each boat has a number. Children dance round the boats to music. When the music stops the children run to a boat. Teacher calls out a number and the children standing on that number have to find an alternative boat because it is sinking and all the children call out, 'Oh no number ..... boat is in trouble. Who can help?' The other children help to accommodate the extra children on their boat. Repeat the activity.