

## **CIRCLE TIME: YEARS: 5/6**

### **Virtue 2 – Autumn – Thankfulness:**

**I am thankful I for all that I have and I praise God for all He has given me.**

#### **PSHCE:**

Develop effective and satisfying relationships.

#### **Knowledge:**

Being thankful about the things you have and the people you care about.

Show your appreciation when someone does something kind for you.

Be open to the wonder and beauty in the world.

#### **Skills:**

Be able to experience beauty and wonder in what you see, hear, taste, smell and touch.

Be thankful for God's gifts and show appreciation for his creation and our gifts and talents.

To recognise that we have responsibility to take care of God's creation and share God's gifts fairly

#### **Attitudes:**

Be thankful for the simple things in life (God's Creation). Focus on the good things in your life and count your blessing often.

Sharing what we can with those who are less fortunate than ourselves, (Harvest- CAFOD).

#### **Statements for Assessment:**

I know that the world is full of amazing and wonderful things.

I know that I must develop an effective, caring relationship with the planet.

I am able to see things from different points of view.

#### **Circle Time Rules:**

We listen to each other.

We do not say or do anything that would hurt another person.

We signal when we want to say something.

We may say pass.

If a game involves touch we may sit and watch before making a decision to join in.

#### **Skills - Thinking, Looking, Listening, Speaking, Concentrating:**

Throughout Circle Time it is vital that teachers praise children for using the above skills.

#### **Step 1.**

"Guided Meditation" – On the Beach.

What to do – Children sit in a circle. Children close their eyes and imagine they are walking on a beach which is made up of tiny pebbles. They hear the pebbles scrunching under their feet with each step they take. (Shake a rain stick to make appropriate sound). Can they feel the tiny pebbles between their toes? Imagine what they feel like.....It is warm and sunny.

Think of the sun on your face.....Imagine its warmth. Now think of it on your back, feel the heat as you walk along....You can see the blue sea, twinkling and glittering in the

sunlight...Imagine that you are walking down the beach to the water's edge (Shake the rain stick to stimulate walking on the pebbles). You are near the sea now. You can feel the breeze from it gently wafting over your body. Can you taste the salt in the air? You can hear the waves rolling in and then the wave trickling back out again (Tip the rain stick slowly to make this sound.) Breathe in and out to the rhythm of the waves. You feel warm and relaxed. Think of a gentle thought that makes you feel; warm inside, like stroking a cat, cuddling someone you love, watching a happy television programme.....The beach scene is going to fade away gradually but no one can take away your special thought.

Prayer – Say a Glory Be to the Father – thanking God for his wonderful creation. Now I want to open your eyes and smile at as many people as possible.

### **Step 2. Round**

The teacher discusses with the children what they felt during the meditation, the wonder and beauty in the sea, in my special thought, in the sounds.

#### **Trigger statement:**

I see awe and wonder in.....

### **Step 3. Open Forum**

To support children new to Circle Time the teacher can prepare a simple role-play of a child asking for help.

#### **Teacher in role:**

Some of the children in my class seem to be able to see the beauty and wonder in the most ordinary things, things that we see every day. I've often heard other children say about a butterfly or snail they have seen, "Wow, look at that! Isn't it incredible". I just can't seem to see the beauty in the ordinary things around us. I'd really like to wake up to the wonder and beauty of it all. Can you help me...

**The children respond** "Would it help if I?" or

"Would it help if you?" or

"Would it help if we?"

### **Plan, do and review (The teacher can be included here!)**

### **Step 4. Celebration**

Some people say and do things for us that make us feel really good. Is there anybody in our circle who has made you feel really warm and good inside – and would you like to thank them?

### **Step 5. Ending Ritual**

Send a ripple

The children sit in an inward facing circle. The teacher wriggles her/his ten fingers, explaining that she/he is making it rain, and passes it on to the child next to her. That child passes it on to the next child and so on around the circle. When all the children are wriggling their fingers, the teacher changes the action to thunder slapping knees- or wind waving arms. The teacher sends various movements around the circle in quick succession and ends by bringing out the sun – hands mime a circle. Shout "Alleluia"

OR

**Sing a hymn - Everywhere around me - [https://www.youtube.com/watch?v=2Od\\_qFJ2g5o](https://www.youtube.com/watch?v=2Od_qFJ2g5o)**

All things Bright and Beautiful

One of your own that is about Harvest . thanking God about Creation

Cauliflowers Fluffy – see You Tube link below.

<https://www.youtube.com/watch?v=PukdaXUzgOU>