

KINDNESS CIRCLE TIME: LOWER KEY STAGE 2

Virtue 10 – Summer 1- Kindness –

I show kindness when I think about how other people feel and I choose to do something good to bring help, comfort or happiness. I choose to be kind because I see that everybody and everything is part of God's creation.

Knowledge:

Know that every act of kindness helps build God's Kingdom. I know that it is good to be kind. I know we have a duty to be kind and follow in Jesus's footsteps. I know it is important to be kind to myself.

Skills:

Be able to identify situations where kindness is required. Become skilled in deciding the type of act that is needed in different situations.

Attitudes:

We are called to be kind to others because God is kind to us. Appreciate that we are all made in God's image. Small acts of kindness have a positive impact on the world – the ripple effect

Statements for Assessment:

Circle Time Rules:

We listen to each other.

We do not say or do anything that would hurt another person.

We signal when we want to say something.

We may say pass.

If a game involves touch we may sit and watch before making a decision to join in.

Skills - Thinking, Looking, Listening, Speaking, Concentrating

Throughout Circle Time it is vital that teachers praise children for using the above skills.

Step 1. Game

Everyone sits in circle with one empty space. The person for whom the empty space is on their right says, 'There's a space on my right and I'd like to come and sit in it.' A new empty space will be created when the child moves and the person for whom this space is on their right then invites someone to come and sit in the space and this continues.

This works well if you tell the children that you'd like to see them invite someone that they don't normally sit with to come and sit next to them. Ask them to invite this person with a smile to make them feel welcome. You can extend it by asking the children to give a reason, eg. 'I'd like to sit in it because I really liked the way she tried hard in maths/ never gives up/ encourages others'.

Step 2. Round

Giving a Kindness trophy Tell the children you are going to have an awards ceremony and they are all going to give and receive a trophy. Use a plastic trophy, medal or cup if you have one, if not you can mime having a big heavy trophy! Sit in a circle and tell each child that they are going to give the person sitting on their left an award. They will say what they think this person has done to deserve an award as they pass it round. Examples might include, 'I'd like to award this trophy to Jack for being kind when he invited me to his house when I felt I had no one to play with' 'I'd like to award this trophy to

James for being a supportive friend'. Pass the trophy/cup around and ask each child to present it to the person sitting on their left and tell the class what it is for.

Step 3. Open Forum

Trigger statement:

My friend had a problem, her parents were splitting up, but I didn't know how to respond. What could I have done?

The children come up with different ideas of how they could comfort someone – show them they care

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Step 4. Celebration

Word association game – start with the word kind – clap 3 times next child says a word eg – care next child after 3 claps says next word and so on – until all have had a turn (if children cannot think of a word they just say pass)

Step 5. Ending Ritual

Can the children think of an act of kindness each – so that the class have a bank of 30 which they can use through the next few weeks.