

# KINDNESS CIRCLE TIME: KEY STAGE 1

## Virtue 10 – Summer 1- Kindness –

I show kindness when I think about how other people feel and I choose to do something good to bring help, comfort or happiness. I choose to be kind because I see that everybody and everything is part of God's creation.

### **Knowledge:**

Know that every act of kindness helps build God's Kingdom. I know that it is good to be kind.

### **Skills:**

Be able to identify situations where kindness is required.

### **Attitudes:**

We are called to be kind to others because God is kind to us. Appreciate that we are all made in God's image.

### **Statements for Assessment:**

#### **Circle Time Rules:**

We listen to each other.

We do not say or do anything that would hurt another person.

We signal when we want to say something.

We may say pass.

If a game involves touch we may sit and watch before making a decision to join in.

#### **Skills - Thinking, Looking, Listening, Speaking, Concentrating**

Throughout Circle Time it is vital that teachers praise children for using the above skills.

#### **Step 1. Game**

Everyone sits in circle with one empty space. The person for whom the empty space is on their right says, 'There's a space on my right and I'd like ..... to come and sit in it.' A new empty space will be created when the child moves and the person for whom this space is on their right then invites someone to come and sit in the space and this continues.

This works well if you tell the children that you'd like to see them invite someone that they don't normally sit with to come and sit next to them. Ask them to invite this person with a smile to make them feel welcome. You can extend it by asking the children to give a reason, eg. 'I'd like .... to sit in it because I really liked the way she tried hard in maths/ never gives up/ encourages others'.

#### **Step 2. Round**

Here are some ideas for rounds. You will need an item to pass around, such as a teddy. When a child is holding the item then it's their turn to speak. They can complete the given sentence sharing their experience with the class. Everyone else practises good listening.

- Something kind I did this week ...
- Something kind somebody has done for me this week ...
- When somebody is kind to me it helps me feel ...
- Somebody who helps me feel happy/ comfortable/ cheerful is ..... because.....
- Something kind I'm going to do this week/ My kindness goal for the week is ...

### **Step 3. Open Forum**

#### **Trigger statement:**

I am kind when .....

Teacher gives an example of a kind act. E.g. I am kind when I stop to help someone that has fallen over. Or I pick up someone's coat that has fallen down.

### **Step 4. Celebration**

Word association game – start with the word kind – clap 3 times next child says a word eg – care next child after 3 claps says next word and so on – until all have had a turn (if children cannot think of a word they just say pass)

### **Step 5. Ending Ritual**

**Teacher introduces the idea of a spyglass that the children will hold up to their eyes and go and be kindness detectives. Use an image of a spyglass**