

CIRCLE TIME: YEAR 1/2

Virtue (Summer term): Courage

PSHCE:

I can be brave to do something that needs to be done even when it is hard to do or I am scared to do it. Even if I am afraid, I have the courage to ask for help. I can overcome my fear and do the right thing.

Knowledge:

I know that courage means being bold to make the right choices. It means standing up for myself and for others. I know that I can count on God's help and that I am never alone.

Skills:

I can make the right choices.
I can reflect on the choices I have made.
I can stand up for others and myself.
I am not afraid to fail and keep trying.

Attitudes:

I know when to speak up for myself and others. I can be quietly courageous through my actions and words.

Circle Time Rules:

We listen to each other.
We do not say or do anything that would hurt another person.
We signal when we want to say something.
We may say pass.
If a game involves touch we may sit and watch before making a decision to join in.

Skills - Thinking, Looking, Listening, Speaking, Concentrating

Throughout Circle Time it is vital that teachers praise children for using the above skills.

Step 1. Game

Superpowers – If you were a superhero what would your special power be and why? Pass around a superhero toy or badge so that only the person who is the superhero is speaking and each person gets the opportunity to speak individually. Extend by asking children to give an example of how they would use their superpower for good.

Reinforce super powers that are actually also virtues, kindness, truthfulness, courage / bravery.

Step 2. Round

In the circle, explain that courage is something that we can all show (even though we are not really superheroes) because we all find ourselves in difficult situations, where we have to try new things or stand up for what is right. Can you think of a situation where you have had to show bravery or courage in a difficult situation?

Trigger statement:

Courage is for everyone.

Step 3. Open Forum

In small groups, role play one of these scenarios. Make a freeze frame and then stop and explain how these characters are showing courage.

1. John fell over and hurt his knee. At first, his friend Sam froze and didn't know what to do, but then he jumped up and ran to get a teacher to help. Who showed courage and how?
2. Nell was starting a new school. She said goodbye to her old friends on Friday and on Monday she put on her new school uniform. She felt excited in the morning but then when she arrived at her new school she didn't want to let go of Nana's hand. How did Nell have to use her courage? How could Nana and the teacher help her?
3. Sally saw some of the older boys throwing stones near the library window. She knew that wasn't safe. She didn't want to get in trouble but she knew she had to go and tell an adult. How did Sally use her courage?

Step 4. Celebration

Who is the bravest person you know? This person can be someone close to you, in your school or family, or someone famous you have learned about. Make a poster celebrating their courage and the way that it has inspired you. Maybe you could describe their actions, or draw a picture of them and label their qualities?

Step 5. Ending Ritual

"Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go." (Joshua 1:9)

In a children's Bible, read the story of Joshua and Caleb entering into the promised land as spies for God's people. Talk about how

Resources:

Superhero toy / badge

Children's Bible