

# PERSEVERANCE/RESILIENCE CIRCLE TIME: FOUNDATION STAGE

**Virtue 9 (Summer 1): Resilience/Perseverance:** *I will not give up. I will have faith and hope even when things are difficult.*

## **Possible Links:**

Mind mate resources  
SEAL  
CAFOD  
Jubilee Centre resources

## **PSHCE:**

Make the most of our abilities.

## **Knowledge:**

I know that there are challenges.  
I know that I must try not to give up.

## **Skills:**

Recognise when something is difficult.  
I recognise that I can try again even when things are difficult.

## **Attitudes:**

Value their achievements.  
Be willing to persevere and overcome difficulties.

## **Statements for Assessment:**

I know I can try again.  
I know it is alright to make mistakes.  
I know I can ask for help.

## **Rules:**

We listen to each other.  
We do not say or do anything that would hurt another person.  
We signal when we want to say something.  
We may say pass.  
If a game involves touch we may sit and watch before making a decision to join in.

## **Skills - Thinking, Looking, Listening, Speaking, Concentrating**

Throughout Circle Time it is vital that teachers praise children for using the above skills.

### **Step 1. Game**

'Ball Toss'

The children hold the edge of the parachute firmly and stretch it fairly straight. Throw the ball into the centre of the blanket and let the children toss it up and down in the parachute. They need to co-operate effectively to move around to catch the ball. It is quite hard keeping the parachute stretched out.

[Taken From: 3. Co-operative Games, Jane Gilmore & Patrick Diamond, 1993, Links]

### **Step 2. Round**

Teacher asks puppet today to think about something which s/he has found hard to do or learn. Puppet tells teacher that s/he really had to work at being able to catch a ball.

Teacher asks children to think of something they have learnt to do that was not easy.

**Trigger statement:**

I found it hard to...but now I can

**Step 3. Open Forum**

Have a puppet with a pair of arm bands on, carrying a tissue.

Teacher asks puppet why s/he needs a tissue when s/he is going swimming. Puppet tells teacher that s/he really wants to learn how to swim but it seems to be taking her/him a very long time. S/he says that s/he needs her/his tissue because s/he gets so upset when s/he sees everyone else swimming and s/he can't.

Teacher tells puppet not to worry. S/he asks the children to help.

**Step 4. Celebration**

Give each child a face shape with a happy face on one side and a sad face on the other. Ask them to choose how they felt when they finally got something right that they had been struggling with. Show your face.

**Step 5. Ending Ritual**

Sing Be Bold Be Strong. (Kevin Mayhew)

<https://www.worshipworkshop.org.uk/projector?id=1455&tracktype=full>

**Possible Resources:**

Puppet

Parachute and ball

Smiley/sad face cards for celebration.