

Acts of Worship

Virtue: Confidence

I am able to do things without fear or doubt

I place my trust in God and know that he gives me strength.

Week 1 – theme: the confidence to trust God

Gathering together

Focal point:

White cloth for Easter tide

Candle, Bible opened at

Risen Lord crucifix

Pictures of the Risen Christ

Gather song/ reflective music on entrance

Confidence, strength, bravery pebbles

Word:

Joshua 1:9

‘Remember that I have commanded you to be determined and confident. Don’t be afraid or discouraged, for I, the Lord your God, am with you wherever you go.’

Response to/reflection on the Word

Do you ever feel afraid or scared of something? How does it make you feel? (physically and emotionally) What does the Lord ask us to do when we are frightened? What two things in the reading does the Lord command us to be? Determined and confident. Be determined using your confidence in God to do something when it isn't easy. Be confident that you can face your worries. God wants us to take comfort in the knowledge that he is with us to fill us with bravery and the power to overcome self-doubt.

Play some reflective music for the children to close their eyes and speak to God.

Ask them to focus their energy on a task they need to do that they know will be difficult. Ask God to give us the confidence to overcome our fears of what might happen to give us strength to not give up.

Going forth

Hold a pebble of confidence when you feel afraid or worried. Pray to God for the strength and confidence to face troubles or fear

Ideas for music:

Walk with me O my Lord

Titanium David Guetta

This is me Keala Settle

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Week 2 – Confidence comes from God

Gathering together

Focal point:

White cloth for Easter tide

Candle, Bible opened at

Risen Lord crucifix

Pictures of the Risen Christ

Gather song/ reflective music on entrance

Confidence, strength, bravery pebbles

Word:

(Jeremiah 9:23–24).

‘The source of Christian confidence is not in himself or herself but in God Himself’

Response to/reflection on the Word

What does being confident mean? To have faith in yourself and believe that you can do something. How does it feel when you're not confident? Are you doubting your ability and this makes you worried? Do you tell yourself you can't do something? Or worry what others might think of you? When you doubt yourself, how does this make God feel? God loves us and believes in us. He has confidence in your abilities so you should listen to Him and believe in Him the way that he believes in you. This gives us the confidence to do what God knows is the right path for us. If you don't think you can do something, you are letting God down as He knows you can do it and you must trust that he knows what is right for you.

Play reflective music and ask the children to think of a time when they were afraid. Did God give you the confidence to be brave and face your fear? Tell the children that God has given them a 100% success rate to conquer a difficult situation by using their confidence.

Going forth

Ask the children to think about a time they have needed a confidence pebble last week. Ask them to think of a situation that is coming up this week that they will be worried about. Remind them that they can pray to God to ask for strength and bravery to make them feel confident to face their fears.

Ideas for music:

Walk with me O my Lord

Titanium David Guetta

This is me Keala Settle

Our God is a great big God.

Acts of Worship

Virtue: Confidence

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Week 3 – Confidence comes from God

Gathering together

Focal point:

White cloth for Easter tide

Candle, Bible opened at

Risen Lord crucifix

Pictures of the Risen Christ

Gather song/ reflective music on entrance

Confidence, strength, bravery pebbles

Word:

“The Lord will keep you safe” (Proverbs 3:26)

Response to/reflection on the Word

Why does the Lord keep us safe? He loves us and wants us to live life to the full. We know that the Lord gives us confidence so that we will have the courage to try new things in life. Without confidence, fears and doubts and being afraid of making mistakes will hold you back.

How do you feel when you have no confidence? Without confidence you may feel confused or afraid of what might happen to you. Even if you know how to do something, your worries can make you feel uncertain. When you feel like this, you can't give things your best and you do not work as well. God brought us into the world not to show how perfect we are, but to learn how to perfect ourselves step by step.

Confidence means that instead of being suspicious of others, you trust them unless you have a good reason not to. With the confidence you receive from God you will learn that everything that happens to you will work out for the best if you learn from it.

Going forth

Ask the children to think about a time last week when they have needed a confidence pebble. Ask them to think of a situation that is coming up this week that they might be worried about. Remind them that they can pray to God to ask for strength and bravery to bring confidence to face their fears.

Ideas for music:

Father I place into Your hands

The Lord is my Shepherd

Feeling safe Thomas Muglia